



CONCERNED ABOUT A FAMILY MEMBER

OR FRIEND?

ARE THEY SUICIDAL?

- Depressed, angry, impulsive?
- Going through a relationship break-up, legal trouble, or other setback?
- Using drugs or alcohol more?
- Withdrawing from things they used to enjoy?
- Talking about being better off dead?
- Losing hope?
- Acting reckless?
- Feeling trapped?

SUICIDES IN SOUTH DAKOTA
far outnumber homicides

FIREARMS ARE THE LEADING METHOD

ATTEMPTS WITH A GUN ARE MORE DEADLY
than attempts with other methods



1-800-273-8255

There is **HELP**...There is **HOPE**

HOLD ON TO THEIR GUNS

- Putting time and distance between a suicidal person and a gun may save a life.
- For other ways to help, call the National Suicide Prevention Lifeline: 1-800-273-8255.