



Ready to Talk about mental health?

20% of American youth ages 13-18 live
with a mental health condition.

Learn effective techniques to discuss mental health with adolescent patients.

At-Risk in Primary Care - Adolescents is an interactive role-play simulation that prepares primary care practitioners to screen adolescents for depression and suicide using evidence-based tools to conduct brief interventions, and coordinate referrals to treatment.

This virtual patient simulation provides hands-on practice applying motivational interviewing to engage adolescent patients in important conversations about mental health in a primary care context.

CONTENTS:

- Adolescent mental health disorders, prevalence, and consequences
- Screening for mental health and suicide risk using evidence-based tools
- Warning signs and risk factors for mental health conditions
- Motivational interviewing techniques and how to best use them when speaking with adolescent patients about mental health
- Coordinating referrals to specialist treatment and follow-up care
- Clinical cases to practice leading challenging conversations on these topics

FOR MORE INFORMATION:
DOH.INFO@STATE.SD.US



**FREE
ACCREDITED
TRAINING**

**ONLY 30
MINUTES**

At-Risk in Primary Care: Adolescents is approved for 0.75 ANCC CNE, 0.75 CME AMA PRA Category 1 Credits™, and 1.0 NASW contact hour.

TO ACCESS SIMULATION:

1

VISIT

kognitocampus.com

2

CREATE ACCOUNT
using enrollment key
dohsd

3

LAUNCH

At-Risk in Primary Care:
Adolescents