

# SOUTH DAKOTA SUICIDE PREVENTION PLAN 2020-2025

Updated 02/03/2023



## DATA

- Utilize the [data dashboards](https://SDSuicidePrevention.org/data) on [SDSuicidePrevention.org/data](https://SDSuicidePrevention.org/data) to inform community members.

## EDUCATION AND TRAINING

- Make a [request](https://SDSuicidePrevention.org/get-help/request-training) on [SDSuicidePrevention.org/get-help/request-training](https://SDSuicidePrevention.org/get-help/request-training) to provide a Mental Health First Aid or other training within your community/organization.
- Complete the minimum requirement of one clock hour of [suicide awareness and prevention training](https://doe.sd.gov/SuicidePrevention) for educator certification at [doe.sd.gov/SuicidePrevention](https://doe.sd.gov/SuicidePrevention).
- Encourage [healthcare providers](https://SDSuicidePrevention.org/about-suicide/trainings/) and behavioral health providers to participate in training. Visit [SDSuicidePrevention.org/about-suicide/trainings/](https://SDSuicidePrevention.org/about-suicide/trainings/).

## COMMUNICATIONS

- Sign up for the [SD Suicide Prevention list serv](https://SDSuicidePrevention.org) to receive updates on the SD Suicide Prevention Plan on [SDSuicidePrevention.org](https://SDSuicidePrevention.org).
- Visit the [training and event calendar](https://SDSuicidePrevention.org/events) on [SDSuicidePrevention.org/events](https://SDSuicidePrevention.org/events) to see what trainings and events are available or post an upcoming training or event.
- Order various [suicide prevention campaign materials](https://SDSuicidePrevention.org/get-help/order-materials) on [SDSuicidePrevention.org/get-help/order-materials](https://SDSuicidePrevention.org/get-help/order-materials) to utilize at your school, worksite, or community.
- Utilize the [Bethe1SD.com](https://Bethe1SD.com) [press kit](https://Bethe1SD.com) to educate others.
- Educate [tribal communities](https://greatplainstribalhealth.org) on the Great Plains Native Connections program. Visit [Great Plains Native Connections Program - Suicide Prevention \(greatplainstribalhealth.org\)](https://greatplainstribalhealth.org).
- Promote the [Farm and Rural Stress Hotline](https://18006914336.com) within your community. It's free, confidential and available 24/7, Call 1-800-691-4336.

## COMMUNITY ENGAGEMENT

- Implement or modify your [school district's policy on suicide prevention](https://SDSuicidePrevention.org/professionals/school-staff/), intervention and response by utilizing the *Model School District Policy* available at [SDSuicidePrevention.org/professionals/school-staff/](https://SDSuicidePrevention.org/professionals/school-staff/).
- Share the [toolkits](https://SDSuicidePrevention.org/get-help/community/) available for Communities, High Schools, and College Campuses located on [SDSuicidePrevention.org/get-help/community/](https://SDSuicidePrevention.org/get-help/community/)
- Share [information about survivor support groups](https://SDSuicidePrevention.org/survivors). Visit [SDSuicidePrevention.org/survivors](https://SDSuicidePrevention.org/survivors).

