



TEXT4Hope Frequently Asked Questions:

Is there a fee to High Schools for the Text4Hope program?

- Helpline Center offers the Text4Hope program to all high school students in South Dakota with no fees to schools, through the generous support of several funding partners.

How do I get the Text4Hope materials?

- There are Text4Hope posters and wallet cards available. Please email sheri@helplinecenter.org or call 605-274-1406 to get materials mailed to your school.

What does the Text4Hope presentation cover?

- The Text4Hope presentation will provide students with information of how to utilize the Text4Hope program, suicide warning signs, how to help a friend, and self-care.

How can I schedule a Text4Hope presentation for High School students?

- A presentation can be scheduled by emailing sheri@helplinecenter.org or call 605-274-1406.

Is there a cost for the Text4Hope presentation?

- There is a small fee to the school for the presentation of \$300 and travel expenses. Contact Sheri Nelson at sheri@helplinecenter.org or call 605-274-1406 for more information.

Do people have to be suicidal to use the texting program?

- No, students can text in for a variety of reasons including anxiety, depression, stress, concerns about a friend, relationship issues, family issues and suicide.

Will the school be notified when a student uses Text4Hope?

- Text4Hope is confidential unless a life is in danger. Helpline Center staff collaborates with the student to ensure safety. If the staff feels that the person will not be safe, then appropriate authorities will be notified to ensure their safety.

Is this program available to middle school students?

- At this time, Text4Hope is available to high school students grades 9th – 12th.

