



# NAVIGATING BACK TO SCHOOL

TRAUMA INFORMED RETURN TO LEARN MODEL  
FOR ALL MEMBERS OF THE SCHOOL COMMUNITY

The Society for the Prevention of Teen Suicide has developed a **FREE** online learning experience to bring Trauma-Informed Care into the post-COVID-19 school environment.



Starting school this year will be a daunting prospect for every member of the school community. This online learning experience recognizes that challenge and provides simple, easy to apply information and activities to get everyone in the school on the same page, from educators, ancillary staff, parents, and students as young as kindergarten. Using a variety of training formats that include animation, video clips, interactive exercises and instructional content, these short modules will help set the tone for a school year where everyone is prepared to deal with the unexpected and keep their focus on the important educational mission of the school.

The focus of the learning experience includes:

- Recognizing the impact COVID-19 has had by acknowledging the changes and losses experienced by all members of the school community.
- Accepting that the foreseeable future will be one of uncertainty.
- Moving forward in this new learning climate with strategies that incorporate the principles of social-emotional learning.



All of the learning modules are available FREE of charge at the Society for the Prevention of Teen Suicide website: [sptsuniversity.org](https://sptsuniversity.org)



Middle School Video



The Society for the Prevention of Teen Suicide has developed this program and the accompanying material in partnership with The New Jersey Department of Health; the Central Jersey Family Health Consortium; the Kentucky Department of Behavioral Health, Developmental and Intellectual Disabilities; and the Olympia School District Education Foundation.