

SOUTH DAKOTA SUICIDE PREVENTION PLAN

2020-2025

January – March 2021 Quarterly Newsletter

DATA

South Dakota Suicide Prevention Data Dashboard

The [South Dakota Suicide Prevention Data Dashboard](#) contains data pertaining to South Dakota deaths by suicide. The data dashboard serves as a resource to South Dakota communities to become informed and take action now. Using data to make informed decisions is a best practice in preventing deaths by suicide.

EDUCATION AND TRAINING

Suicide Prevention in College Settings

Comprehensive approaches to suicide prevention on college campuses require a fundamental shift in the paradigm for conceptualizing suicidality. The concept of connectedness offers a framework for conceptualizing risk and resilience processes as well as a roadmap for action. [Lost&Found](#), a South Dakota based non-profit, utilizes volunteers and staff to train, oversee, and guide student-led chapters and their advisers at five college campuses in South Dakota, and help young adults find the community they need to overcome depression and suicide. Learn more about Lost&Found [here](#).

COMMUNICATIONS

Healing After a Suicide Loss in Your Life

Suicide impacts those left behind in different ways. The [Healing After a Suicide Loss in Your Life](#) guide is a resource available to those who have lost a loved one to suicide. We hope the guide is helpful to you as you cope with your grief and begin the process of healing. You can learn more about the resources available for survivors of suicide loss at [South Dakota Suicide Prevention](#).

COMMUNITY ENGAGEMENT

Suicide Prevention in American Indian Settings

Suicide prevention is a high priority for people working to promote wellness and reduce health disparities affecting American Indians and Alaska Natives (AI/AN). Drawing on strengths within Native traditions, community leaders and experts are developing models that are culturally based to promote mental health and prevent suicide for future generations. Learn why and how communicates can take action [here](#).

EVENTS

For more information on events, visit the [South Dakota Suicide Prevention Calendar](#).

January

7 - Survivor Support Group
19 – Aliive Roberts County Coalition Meeting
20 – Glacial Lake SAFE Coalition Meeting
23-Black Hills Area Survivors of Suicide Support Group

February

4 - Survivor Support Group
16 – Aliive Roberts County Coalition Meeting
17 – Glacial Lake SAFE Coalition Meeting
27-Black Hills Area Survivors of Suicide Support Group

March

4 - Survivor Support Group
16 – Aliive Roberts County Coalition Meeting
17 – Glacial Lake SAFE Coalition Meeting
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To request a training for your community, [click here](#).



<http://sdsuicideprevention.org/>