

# SOUTH DAKOTA SUICIDE PREVENTION PLAN

2020-2025



## January-March 2024 Newsletter

### 2024 SD Suicide Prevention Conference

#### Save the Date

SDSP is pleased to announce the Third Annual South Dakota Suicide Prevention Conference will be held on August 1<sup>st</sup> and 2<sup>nd</sup>, 2024 at the Sioux Falls Convention Center! Registration will open in May for this **FREE** event where participants will once again gather to learn about suicide prevention efforts and hear from top experts from around the country. For more information about this event, please visit the [South Dakota Suicide Prevention Website](#).



### EVENTS

For more information or to add an event, Visit the SD Suicide Prevention [Calendar](#)

#### January

15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> – [Surviving After Suicide Support Class](#), 6-7:30pm, Helpline Center, Sioux Falls

17<sup>th</sup> – Helpline Center's [Online Survivor of Suicide Loss Support Group](#), Noon-1pm, [Zoom](#)

#### February

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> – [Surviving After Suicide Support Class](#), 6-7:30pm, Helpline Center, Sioux Falls

21<sup>st</sup> – Helpline Center's [Online Survivor of Suicide Loss Support Group](#), Noon-1pm, [Zoom](#)

#### March

6<sup>th</sup> – [Surviving After Suicide Support Class](#), 6-7:30pm, Helpline Center, Sioux Falls

### Save The Dates

#### May

1<sup>st</sup> – Prevention Summit, Cedar Shore Resort, Chamberlain SD

#### August

1<sup>st</sup>-2<sup>nd</sup> – [SDSP Conference](#), Sioux Falls Convention Center, Sioux Falls

### Resources

[988 Suicide & Crisis Lifeline](#)  
[BeThe1SD](#)  
[Helpline Center](#)  
[SDSP Trainings](#)  
[Behavioral Health Materials](#)  
[Suicide Prevention Materials](#)

### Suicide Prevention Toolkits

Comprehensive, online toolkits that are designed to support South Dakota communities are available at no-cost on the [SD Behavioral Health](#) website. These toolkits provide access to social media posts, print collateral, HR emails, digital displays, email templates, communication best practices and more! Whether you are an individual, mental health professional or an organization, these downloadable toolkits will help you spread information and a message of hope. Suicide prevention toolkits are available for [Suicide Prevention Month](#), [International Survivors of Suicide Loss Day](#), [Suicide Cluster](#) and [Suicide Prevention for Higher Education Institutions](#).



### Population Specific Infographics Available

To increase awareness about suicide data and highlight available resources, the SD Suicide Prevention Workgroup developed four population-specific infographics focused on American Indians, farmers and ranchers, Veterans, and youth. These infographics highlight some key data points, warning signs of suicide, ways to reduce risk of suicide, and available resources that are specific to each population. Click on each picture to be directed to the SDSP website for download.

