

SAFE STORAGE

Suicide Prevention in South Dakota

Photo courtesy of TravelSouthDakota.com

In a suicide crisis, the length of time someone seriously contemplates suicide tends to be short-lived. Reducing access by safe storage or "means safety" refers to making an effort to limit or eliminate the ability for a person at risk of suicide to access the means for their suicide plan. If suicidal behaviors are detected early and access to firearms, medications or other substances and objects can be restricted during the time of crisis, a life can be saved.



WHAT CAN REDUCE RISK?

Learn to safeguard your home by:

- Restricting access to pesticides, alcohol and other substances
- Safely storing over-the-counter and prescription medicines and properly disposing of unused medications
- Using a gun safety lock on all firearms
- Paying attention to family member's moods and behaviors

RESOURCES

- 988 Suicide & Crisis Lifeline is available 24/7 via call, text and chat for any behavioral health need. For Veterans, call 988 and press 1.
- Free trainings available on means safety and suicide prevention through the SD Suicide Prevention website.
- Gun locks and medication lock boxes are available to be shipped at no-cost in South Dakota by scanning the QR code on the right.



49%
of suicide deaths were **firearm-related**
(2013-2022)

76%
of **Veteran Suicides** are a result of **self-inflicted gunshot wounds**
(2019-2022)

11%
of suicide deaths were **poisoning-related**
(2013-2022)



SDSuicidePrevention.org

988 Call. Text. Chat.